



“Your last days should be your best,” says Turrow.

Best Life Support

AT 19, **Chaya Turrow** has a beyond-her-years confidence about what’s important. The gifted UCLA freshman is a karate black belt, snowboarder, wakeboarder, and double bass player who devotes much of her free time to helping those not often on a teen’s mind: people who have only days to live.

Turrow is spokeswoman for Our Community House of Hope (OCHH) and has helped raise \$108,000 for a facility in the greater Los Angeles area that will provide end-of-life care free to patients who otherwise

couldn’t afford it. “Terminally ill people shouldn’t have to worry about medical bills at the end of their life,” she says. “They shouldn’t have to worry about anything.”

Having watched her parents struggle by themselves to care for her dying grandmother, Turrow began helping out at hospice centers and enlisted her Girl Scouts troop to make 100 blankets for families of hospice patients.

When the OCHH facility opens, Turrow will be among its first volunteers. “If we don’t help these patients out, they’re not going to have the energy to do it themselves.”